



-since 1936-

THE BEST FRESH PRODUCE EVERYDAY

It's that simple.



Carter &
Spencer
group

EXPORTS

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ABOUT US

Carter & Spencer is a family owned and operated, Australian private company. We are specialists in fresh produce growing, packing, procurement, logistics, packaging and marketing.

We have spent over 87 years becoming one of Australia's best known and loved produce firms, servicing customers in Australia and across the globe.

Our team has the experience and capability to grow, procure, import and export a diverse range of fresh fruit & vegetables.



Operations in Australia.

To provide our customers with greater choice of fresh produce, Carter & Spencer operate several growing initiatives around the Bundaberg region to cater to the demand of fresh produce across Australia. Some of our growing operations include: citrus, pineapples, sweet potatoes, eggplant, snow peas, sugar snap peas and ginger.

Our farming operations allow us to control the entire quality journey of our fresh produce from farm to store.

Our produce is part of a well-managed supply chain that aims to put premium quality produce at the forefront of our operations. By having these processes, our customers can be confident that Carter & Spencer can provide the best fresh produce everyday.

We also work closely with a number of farmers and suppliers both within Australia and internationally. By forming these strong relationships, we have access to a broad range of fresh produce that we can supply to our customers.

Exports



ABOUT OUR EXPORTS

We export our Spencer Ranch and supply partner's fresh produce to Singapore, Vietnam, China, Japan, Hong Kong, and many more countries around the world. We have operations in Australia, the USA and New Zealand and can export a large range of fresh fruits and vegetables. We plan on continuing to expand our export sector and provide more fresh produce to the rest of the world.

SPENCER RANCH

Spencer Ranch was established in 2007 and is our main farming operation. Spencer Ranch is located in Wallaville, Queensland. The property covers 265 hectares and currently has over 62,500 citrus trees planted. The citrus varieties we grow include: lemons, limes, mandarins, and oranges.

As well as Spencer Ranch being our key farming operation, it is also an established fresh produce brand offering high quality produce. We market a number of products under the Spencer Ranch brand. This produce is premium quality and our product range is available in volume fill and pattern packed cartons and trays. We also design and build cutting edge, bespoke packaging options with which to fill our best produce.

PRODUCE LIST

Apricots
Cherries
Ginger
Lemons
Limes
Mandarins
Nectarines
Oranges
Peaches
Plums
Sugar Plums
Sweet Potatoes

Exports

AUSTRALIAN APRICOTS



AUSTRALIAN APRICOTS

Indulge in the exquisite taste of Carter & Spencer's apricots, meticulously handpicked from our esteemed partners across the picturesque landscapes of New South Wales, Victoria, South Australia, and Tasmania. Additionally, we proudly source apricots from the pristine orchards of New Zealand, available exclusively from January through March, ensuring a delectable apricot experience. These luscious apricots thrive in the optimal growing climate of Australia's southern states, making each bite a succulent and unforgettable delight.

APRICOTS

Apricots have many health benefits such as ability to treat indigestion, constipation, earaches, fevers, skin diseases, cancer and anemia. Furthermore, apricots have the ability to improve heart health, reduce cholesterol levels, prevent the deterioration of vision, help you to lose weight, and maintain electrolyte balance in the body.

SEASONALITY CHART

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Apricots



AUSTRALIAN CHERRIES



AUSTRALIAN CHERRIES

Carter & Spencer cherries are sourced from our valued supply partners in New South Wales, Victoria, South Australia and Tasmania. Cherries can come in various colours from bright red to a reddish black and can be sour or sweet in taste depending on variety. Cherries have a unique combination of vitamins, minerals, anti-oxidants and anti-inflammatory compounds which act together to deliver health benefits not available in supplements.

CHERRIES

Red cherries contain melatonin which helps to fight against harmful toxins. These fruits also contain a high level of antioxidants which are beneficial to the human body. In addition to their melatonin content and antioxidant-rich nature, red cherries are packed with vitamins and minerals, such as vitamin C and potassium, making them a tasty and nutritious choice for overall health and well-being.

SEASONALITY CHART

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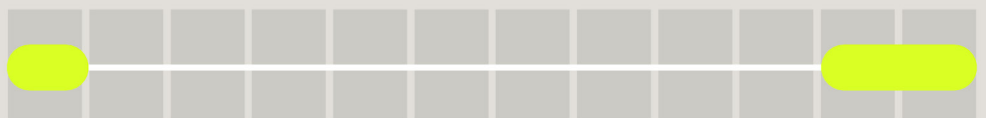
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Cherries



AUSTRALIAN GINGER



AUSTRALIAN GINGER

Carter & Spencer cherries are sourced from our valued supply partners in New South Wales, Victoria, South Australia and Tasmania. Cherries can come in various colours from bright red to a reddish black and can be sour or sweet in taste depending on variety. Cherries have a unique combination of vitamins, minerals, anti-oxidants and anti-inflammatory compounds which act together to deliver health benefits not available in supplements.

GINGER

Ginger is actually a rhizome, not a root. A rhizome is an underground stem. Ginger has many health benefits, some including ant-inflammatory properties, blood sugar regulation, and gastrointestinal relief. This unique underground stem, ginger, has been used for centuries in traditional medicine and culinary applications, and its diverse health benefits also encompass its potential to alleviate nausea and support cardiovascular health.

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Ginger



AUSTRALIAN LEMONS



AUSTRALIAN LEMONS

Carter & Spencer lemons are grown on our own farm Spencer Ranch and are sourced from our valued supply partners across Australia. The Eureka lemon is readily available for export all year round and is widely accepted as the best all-round lemon. This variety is perfect for for all recipes calling for the crisp, refreshing zing of fresh lemon zest or juice.

LEMONS

Lemons are a nutritional powerhouse, known for their high vitamin C content, which supports the immune system and skin health. They also provide potassium for heart health and folate for cell growth. Additionally, the citric acid in lemons aids digestion by increasing stomach acid production, potentially improving nutrient absorption and helping with indigestion.

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Lemons



AUSTRALIAN LIMES



AUSTRALIAN LIMES

Savour the zesty goodness of Carter & Spencer's limes, cultivated right on our very own Spencer Ranch and thoughtfully selected from our esteemed partners throughout Australia. Our Tahitian limes, nurtured on Spencer Ranch, boast a vibrant flavour profile – small to medium-sized, smooth-skinned, with a translucent pale green flesh encased in a vibrant green skin, they're incredibly juicy, tender, and bursting with the unmistakably bold and invigorating taste of fresh limes.

LIMES

Tahiti limes are an excellent source of vitamin C, which boosts the immune system and increase collagen production within the body. These limes are perfect for all recipes calling for the crisp, refreshing zing of fresh lime zest or juice. Lime also contains flavonoids, which are composites that contain antioxidant and cancer fighting properties.

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Limes



AUSTRALIAN MANDARINS



AUSTRALIAN MANDARINS

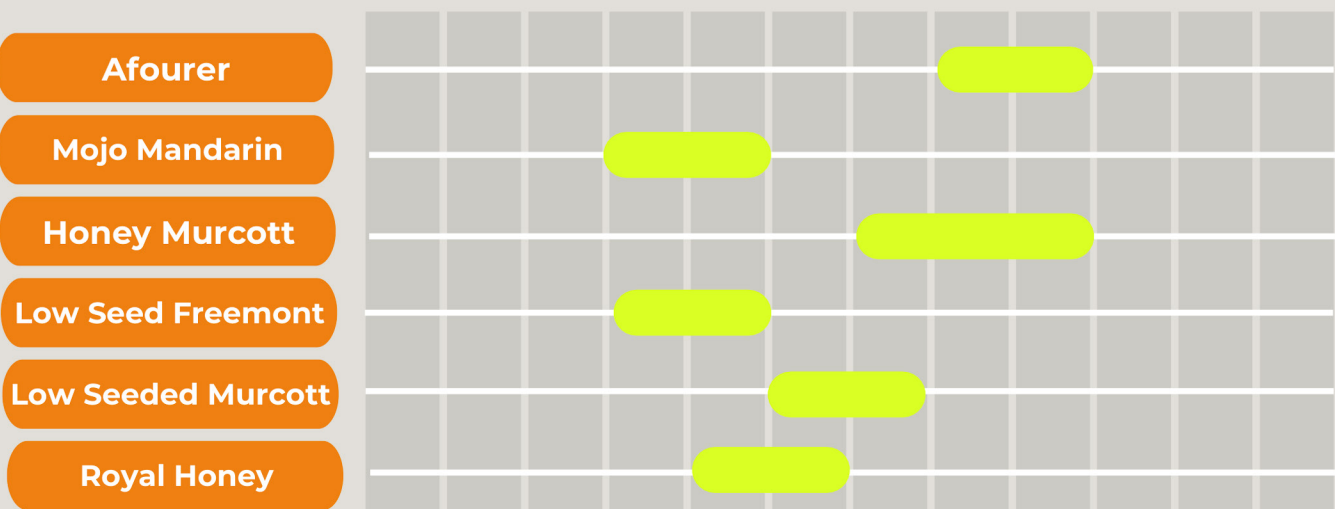
Mandarins are grown on our own farm Spencer Ranch in Wallaville, Queensland and are sourced from our valued supply partners across Australia. Carter & Spencer currently offer 6 different types of mandarins for export. These mandarins are of high quality thanks to our exceptional farmers, that work from sunrise to sunset. Spencer Ranch is located in one of the worlds best growing regions for citrus thanks to Queensland's warm sunny weather. Queensland produces approximately 70% of Australia's mandarins due to the states optimal growing conditions.

MANDARINS

Mandarins are a good source of dietary fibre and vitamin A, and are an excellent source of Vitamin C, with one mandarin providing up to 80% of your daily needs, as well as being high in antioxidants, and helping to prevent heart disease and cancer.

SEASONALITY CHART

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AUSTRALIAN NECTARINES



AUSTRALIAN NECTARINES

Elevate your taste experience with Carter & Spencer's premium nectarines, carefully selected from our trusted partners in the scenic landscapes of New South Wales, South Australia, and Victoria. Delight in the flavours of sun-ripened yellow and white nectarines, available exclusively from October through March, and savour their juicy sweetness, all while benefiting from their abundant vitamins A and C for a truly nourishing indulgence.

NECTARINES

Nectarines store a broad range of nutrients that are vital for the healthy functioning of the body. They are a rich provider of vitamin A, beta-carotene, and vitamin C. They are also a good source of vitamin E, vitamin K, vitamin B1, vitamin B2, vitamin B3, vitamin B-6, folate, and pantothenic acid.

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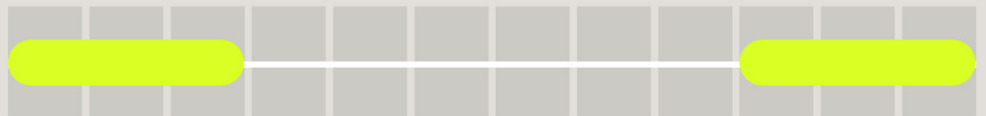
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Nectarines



AUSTRALIAN ORANGES



AUSTRALIAN ORANGES

Carter & Spencer oranges are grown on our farm Spencer Ranch and sourced from our valued supply partners across Australia. Washington oranges are the most popular in Australia due to its sweet flavour, juiciness and few to no seeds. They are ready to eat in the Australian winter months, from May to October. The Valencia variety grows in summer, unlike navel, and are available from November to March. The Valencia variety is known for being extremely juicy, the Valencia is a great choice for juicing.

ORANGES

Oranges are known to be a good source of vitamin C. Oranges' health benefits continue with their fiber, which has been shown to reduce high cholesterol levels thus helping to prevent atherosclerosis.

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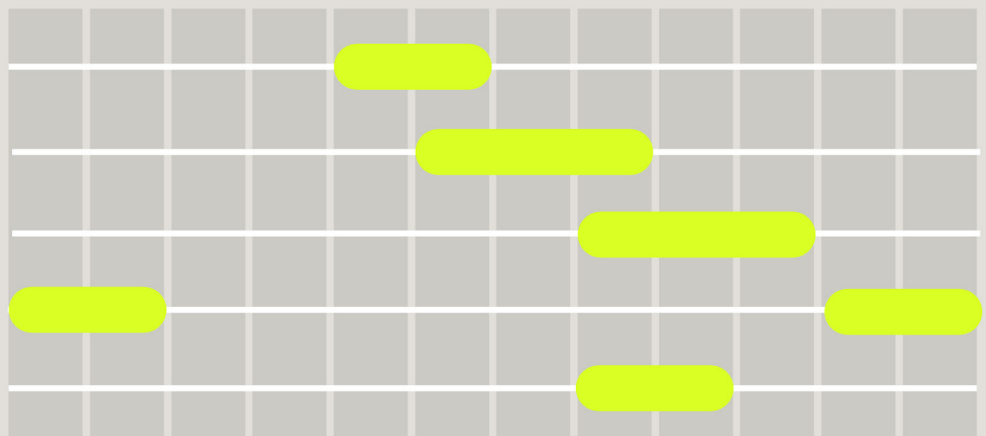
M7 Navel

Washington Navel

Late Lane

Valencia

Midnight Valencia



AUSTRALIAN PEACHES



AUSTRALIAN PEACHES

Indulge in the exquisite flavours of Carter & Spencer peaches, handpicked from our esteemed supply partners in the picturesque regions of New South Wales, South Australia, and Victoria. Our luscious peaches, available in both golden-yellow and sweet-white varieties, grace your taste buds with their sun-kissed goodness from October through March, making each bite a succulent and unforgettable experience.

PEACHES

Peaches are rich in many vitamins, minerals, and beneficial plant compounds. They're easily incorporated into a variety of dishes and may offer impressive health benefits, including healthier skin, fewer allergy symptoms, and improved digestion and heart health. Peaches also appear to be linked to a lower risk of certain cancers and may boost immunity, protect against toxins, and lower blood sugar levels.

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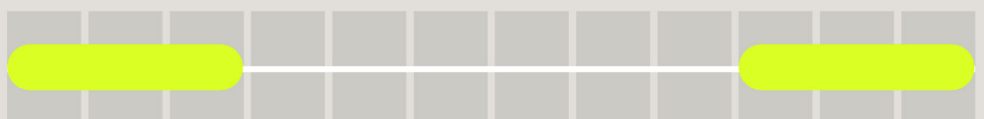
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Peach



AUSTRALIAN PLUMS



AUSTRALIAN PLUMS

Carter & Spencer peaches come from our supply partners in New South Wales, South Australia and Victoria. Carter & Spencer export both yellow (yellow flesh) and white (white flesh) peaches, our peaches are available between October and March.

PLUMS

Plums are nutritionally rich, offering a wealth of vitamins, minerals, and antioxidants in a delicious package. Recent studies indicate that plum extracts may selectively target and eliminate aggressive breast cancer cells while preserving healthy ones, and their antioxidants, like quercetin and anthocyanins, show promise in delaying Alzheimer's disease progression, highlighting the potential therapeutic benefits of plums in both cancer treatment and neurodegenerative disease prevention.

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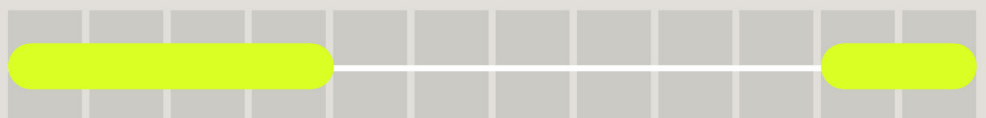
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Plums



AUSTRALIAN SUGAR PLUMS



AUSTRALIAN SUGAR PLUMS

Carter & Spencer Sugar Plums are proudly sourced from Australian farms in New South Wales and Victoria. Sugar plums are a deep red colour that is almost purple, with a yellow flesh. Sugar plums contain a high sugar content and are often dried to a prune state. These plums are considered a multi-purpose plum used for eating, desserts, salads and jams.

PLUMS

Sugar plums are a rich source of essential nutrients like potassium, calcium, phosphate, vitamin C, and B complex vitamins, vital for metabolism and nervous system health, while their deeply pigmented skins provide antioxidants and dietary fiber, offering a tasty and healthful choice for overall well-being. Incorporating sugar plums into your diet can promote bone strength, heart health, digestive regularity, and immune system resilience, all in a delicious package.

SEASONALITY CHART

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Sugar Plums



AUSTRALIAN SWEET POTATOES



AUSTRALIAN SWEET POTATOES

Carter & Spencer sweet potatoes are grown in Bundaberg, Queensland, the region's fertile soil and warm, sun-drenched climate is just what's needed to grow perfect sweet potatoes. Sweet potatoes are roots, compared to regular potatoes which are tubers (underground stems). Our sweet potatoes come packed with vitamins and antioxidants!

SWEET POTATOES

Carter & Spencer export 3 different types of sweet potatoes, the first type is the **gold sweet potato**, the most popular variety of sweet potato in Australia. We also offer the **red variety of sweet potato** (red skin, white flesh), this variety is the second most popular in Australia. Additionally we offer the **Hawaiian sweet potato** (white, skin, purple flesh), this variety is commonly used in cooking for its unique colour and health benefits.

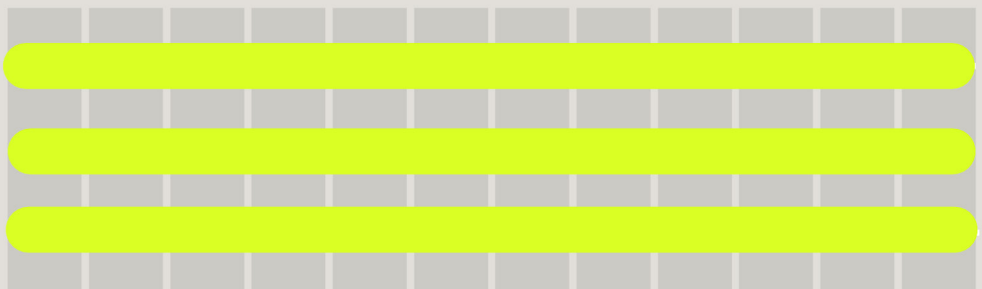
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Gold Sweet Potato

Red Sweet Potato

Hawaiian Sweet



CONTACTS



Please don't hesitate to get in touch for comprehensive details and any inquiries related to our extensive selection of fruits and vegetables. We understand the importance of freshness, quality, and variety when it comes to your produce needs, and I am here to assist you every step of the way.

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